

# Giving thanks during your internship/job search process

Since it's Thanksgiving week we felt it was appropriate to talk about giving thanks. We were taught at an early age to say "please" and "thank you." This practice can become more of a common courtesy than an expression of genuine gratitude.

**Related:** [7 times when you should just say thank you but you don't](#)

By expressing more gratitude in your life, you will contribute tremendously to your level of success in your future career in engineering. It shows that

you do not take anything for granted. Hopefully, you are grateful for the opportunity to obtain a degree in a field that you chose to pursue, rather



than complaining about all of the studying you have to do for finals.

And hopefully you are grateful for the opportunity to secure an internship or job in your field of study, instead of stressing out over your lack of results or not securing your "dream job."

**Related:** [Research shows gratitude heightens quality of life](#)

By giving thanks, we focus on the good. When we focus on the good, we invite more of that into our lives.

## Internships, co-ops and jobs posted on [UICcareers](#)

- › **Bioengineering: 41**
- › **Chemical Engineering: 61**
- › **Civil Engineering: 78**
- › **Computer Engineering: 183**
- › **Computer Science: 274**
- › **Electrical Engineering: 124**
- › **Industrial Engineering: 73**
- › **Mechanical Engineering: 134**

Make sure your resume is updated and uploaded to [UICcareers](#)  
Employers review profiles often  
New to UICcareers? [Go here](#)

## NETWORK FOR JOB REFERRALS

**76%** of job seekers ranked employee referrals as being of high to extremely high importance during their job search.

[US News, Oct. 2015](#)

## Upcoming Events

**Supply Chain Career Fair**  
Monday, November 14th  
SCE Tower: Room 302 @ 4-6 PM  
[Event details](#)

**Professional Attire Fashion Show**  
Wednesday, November 16th  
SCE - Cardinal Room: 329  
[Event Details](#)

**Government Career Fair**  
Friday, November 18th  
SCE – 3<sup>rd</sup> Floor  
[Details & List of Employers](#)

**Bioengineering Industry Day**  
Friday, November 18<sup>th</sup> @ 1:30  
UIC Innovation Center (by SSB)  
[Required Registration Link](#)

## Career Advice from the Experts

We have hand-selected recent articles with career development advice to help you prepare for your future career in engineering.

### Featured articles this week: Networking

- [10 tips for people who hate networking](#)
- [How I was able to conquer my shyness and dominate networking](#)
- [10 tips to improve the quality of your networking](#)

### Other Topics

Resume | Cover Letter | Internship/Job Search | Networking | LinkedIn  
Preparing for a Career Fair | Interview Preparation | Following up with Companies  
Salary & Job Offer Negotiation | Communication & Interpersonal Skills

## Now Hiring: Featured Employers

Companies with postings on UICcareers

Click logo to visit company website



### Engineering Career Center

816/818/820 – SEO

Walk-in Hours: M-F 10am - 4pm

#### Services Offered:

- Individual career counseling
- Resume and cover letter reviews
- Interview preparation
- Salary and job offer negotiation
- Internship & full-time job search strategies
- Career Fair preparation (Elevator speech)
- Professional etiquette
- Networking & LinkedIn tips
- Career related workshops